

**Psychological Associates, P.A.**  
Demographic Sheet

Account No.: \_\_\_\_\_

Client's Legal Name: \_\_\_\_\_ Date: \_\_\_\_\_  
First Middle Last

Mailing Address: \_\_\_\_\_  
Street City State Zip Code

Hm Ph: \_\_\_\_\_ Cell: \_\_\_\_\_ email: \_\_\_\_\_

DOB: \_\_\_\_\_ SSN: \_\_\_\_\_ Sex: Male ☐ Female ☐ Race: \_\_\_\_\_

Employer: \_\_\_\_\_ Phone: \_\_\_\_\_

Marital Status: Single ☐ Partnered ☐ Married ☐ Separated ☐ Divorced ☐ Widowed ☐

Spouse's Name: \_\_\_\_\_ Spouse's Employer: \_\_\_\_\_

Contact (other than a member of your household):

Name	Relationship	Phone
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Party Responsible For Bill: \_\_\_\_\_ Relationship: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Parent's Names (for clients under 18):

Father: \_\_\_\_\_ SSN: \_\_\_\_\_ DOB: \_\_\_\_\_

Mother: \_\_\_\_\_ SSN: \_\_\_\_\_ DOB: \_\_\_\_\_

Referred By: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ ID# \_\_\_\_\_

Policy Holder/Insured: \_\_\_\_\_

Insured's Date of Birth: \_\_\_\_\_ Insured's SSN: \_\_\_\_\_

Insured's Relationship To Client: \_\_\_\_\_

**Insurance Authorization**

I hereby authorize Psychological Associates, P.A. to release to my insurance carrier or its representative any information needed concerning treatment rendered to me that is necessary to process an insurance claim. I also authorize and request payment of insurance benefits to be paid directly to Psychological Associates, P.A. This authorization is voluntarily given with understanding and knowledge of purpose.

Signature of Insured  
Rev 5/3/2022

Date

**PSYCHOLOGICAL ASSOCIATES, P.A.**  
1120 N. Palafox St.  
Pensacola, FL 32501  
Phone (850)434-5033 • Fax (850)433-0268

**Financial Policy**

Thank you for choosing Psychological Associates. We are committed to your successful treatment, although there are no guarantees for emotional/behavioral outcome. The expense of treatment must be evaluated by the client. Our office requires payment at the time services are rendered. Accepted methods of payment include cash, check, Visa, Mastercard, & Discover. A \$25 fee will be charged for all returned checks. Diagnostic testing and report preparation is an additional charge to regular office visit charges.

**Your appointment time is reserved for you and it is necessary to charge for missed appointments (No Shows) or for appointments not cancelled with 24 hours notice (Late Cancellations). The no show/late cancellation fees are as follows: for therapy sessions \$125, for med checks \$30, for psychological testing that is to be conducted by doctor is \$75 per hour reserved, for psychological testing to be conducted by the psychometricians, the charge is \$25 per hour reserved and court related sessions are based on court fees. You are personally responsible for these charges since insurance will not cover No Show or Late Cancellation charges. Our answering service is available whenever our office is closed.**

For those individuals who have insurance, payment of your patient portion is required at the time of each visit. We will bill your insurance for the balance. If payment has not been received from your insurance within 45 days, you will be responsible for the balance due, and agree not to withhold or delay payments because of any insurance problems or pendency of claims. Any charges partially paid or considered non-covered by your insurance will be your responsibility.

For patients who request telehealth services, we require a credit card on file. We will automatically charge the credit card on the date of service for the amount due.

I have read and understand this financial policy and agree to comply.

\_\_\_\_\_  
Client Name (Please Print)

\_\_\_\_\_  
Responsible Party

\_\_\_\_\_  
Client Signature (if 15 years or older)

\_\_\_\_\_  
Responsible Party Signature

**Notice of Privacy Practices**

A copy of Psychological Associates Notice of Privacy Practices is available upon your request.

\_\_\_\_\_  
Client Signature (if 15 years or older)

\_\_\_\_\_  
Responsible Party Signature

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

## PSYCHOLOGICAL ASSOCIATES, P.A.

1120 N. Palafox St. \* Pensacola, FL 32501  
Telephone (850) 434-5033 \* Fax (850) 433-0268

### CONSENT FOR SERVICES

Psychological Associates, P.A. provides treatment and assessment services. These services include individual, couples, and family and psychotherapy, psychological/neuropsychological testing, and medication management.

My signature below indicates that I have read and understand the following:

- My agreement to begin services with Psychological Associates is voluntary, of my own free will, at the request of the court system, or at the request of my attorney, and is free from undue influence or duress on the part of Psychological Associates.
- I may withdraw my consent for services now or at any time.
- Depending on my needs, my services provider may recommend that I begin additional services with another treatment provider (for example, for psychotherapy or medication management) in order to better serve my needs. I understand that I may refuse to engage in any or all services or service recommendations by Psychological Associates now or at any time during my treatment.
- I may ask questions and receive answers about the services that I am receiving at any time.
- Length of each session, anticipated length of services, and the individualized plan for my services will be discussed with my service provider.
- Treatment is expected to improve my symptoms; however, symptoms may briefly worsen prior to improving or may not improve at all. I should discuss potential side effects of my treatment with my treatment provider.
- Services at Psychological Associates are confidential to the fullest extent allowable by law. Legally, my service provider may be required to reveal necessary confidential information if any of the following circumstances exist:
  - We consider you a danger to yourself or someone else.
  - We are appointed by the court to evaluate you.
  - Your service is part of a legal proceeding to evaluate your competence.
  - You are a minor and we believe that you are a victim of abuse.
  - You are over the age of 65, and we believe that you are a victim of abuse.
  - You have filed a suit and have claimed mental, emotional or physical damage as part of the suit.
  - Your insurance or health care provider is pre-authorized by you to request information from your file.
  - You are involved in a child custody dispute and your record becomes relevant to the court's decision.
  - You are a minor and your parents request information that is appropriate and necessary for them to support or participate in your treatment. We define a minor as anyone under the age of 18 yrs.
- Occasionally, my service provider may find it necessary or helpful to consult with other professionals regarding my services.
- A staff member or trainee may be present during appointments.
- During business hours, Monday – Friday, 8am – 5pm, I may contact this office at 850-434-5033 with questions, concerns or needs. After business hours or on the weekends, an answering service is available to take messages. If there is any emergency that involves the potential for danger or bodily harm, I should go to the nearest emergency room, or if there is the potential for violence, I should call the police.
- I have received information regarding payment for my services.
- I understand that I may request a copy of this consent form to keep.

Client Name (print): \_\_\_\_\_

Responsible Person Name (if other than client): \_\_\_\_\_

Responsible Person Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Service Provider Initials\*: \_\_\_\_\_ (initials indicate that issues of informed consent were verbally reviewed with the client and that client questions were solicited and answered)

Rev. 6/27/17



## PSYCHOLOGICAL ASSOCIATES, P.A.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Date: \_\_\_\_\_ Pharmacy: \_\_\_\_\_ Pharm Ph #: \_\_\_\_\_

MEDICATION	DOSAGE/DIRECTIONS	PRESCRIBING PHYSICIAN

Provider's initials upon review: \_\_\_\_\_

# Psychological Associates, P.A.

## ADULT HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

### PATIENT INFORMATION

**Name:** \_\_\_\_\_ ☐ Single ☐ Separated **Sex:** \_\_\_\_\_  
 (Last, First, M.I.) ☐ Partnered ☐ Divorced ☐ M ☐ F  
☐ Married ☐ Widowed

**Previous or Referring Doctor:** \_\_\_\_\_ **Date of Last Physical Exam:** \_\_\_\_\_

### MENTAL HEALTH HISTORY

**What brought you here?:** \_\_\_\_\_

**Current Symptoms:** (Please mark only the symptoms that apply to you)

	Mild	Moderate	Severe		Mild	Moderate	Severe
Depressed mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Excessive fear or worry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of interest or pleasure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Elevated heart rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Change in appetite or weight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sweating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Shaking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decrease/increase in physical activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue or loss of energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Choking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling worthless or excessively guilty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chest pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Impaired concentration or distractibility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Nausea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Suicidal thinking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lightheaded	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Elevated or irritable mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Feeling of unreality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inflated self-esteem	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Numbness or tingling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pressure of speech	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chills or hot flashes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Racing thoughts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Recurring unwanted thoughts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Excessive spending	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Repetitive behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acting out-home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Reliving life-threatening events	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acting out-school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Delusional ideas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acting out-sexual	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Disorganized/Bizarre thoughts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acting out-stealing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Auditory hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acting out-self-mutilation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Visual hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hyperactivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cognitive impairment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Impulsivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Withdrawn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

The patient's major symptom is not included in this list. It is:

\_\_\_\_\_

\_\_\_\_\_

**Prior Mental Health Treatment:**

- ☐ Inpatient  
☐ Outpatient

**Prior Diagnoses (if known):** \_\_\_\_\_

**Providers**

**Treatment Year**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Medications: (P: Prior; C: Current)**

Antidepressant	P	C	Antianxiety	P	C	Antipsychotic	P	C	Psychostimulant	P	C
Celexa			Ativan			Abilify			Adderall		
Cymbalta			BuSpar			Clozaril			Concerta		
Desyrel			Klonopin			Geodon			Cylert		
Effexor			Librium			Haldol			Dexedrine		
Lexapro			Serax			Risperdal			Ritalin		
Luvox			Topomax			Serentil			Strattera		
Paxil			Tranxene			Seroquel			Vyvanse		
Prestiq			Valium			Zyprexa					
Prozac			Vistaril						Pt Refused Rx		
Remeron			Xanax			Mood Stabilizing	P	C	Pt Pregnant		
Serzone						Depakote					
Sinequan			Antiparkinsonian	P	C	Lamictal			Other:		
Wellbutrin			Artane			Lithium					
Zoloft			Benadryl			Neurontin					
			Carb-levodopa			Tegreol					
			Cogentin								
			Levodopa			Cholinesterase	P	C			
			Mirapax			Aricept					
			Requip			Cognex					
			Selegiline			Exelon Patch					
			Sinemet			Galanterine					
			Symmetrel			Namenda					
						Razadyne					

**SOCIAL HISTORY**

Who lives in your home?

Name

Age

**EDUCATION HISTORY**

Education Level Completed (circle applicable):

7 8 9 10 11 12 GED HS BA/BS MA JD PhD MD

Location (School, College, University):

**PERSONAL HEALTH HISTORY**

Childhood Illnesses:

- ☐ Measles
- ☐ Mumps
- ☐ Rubella
- ☐ Chickenpox
- ☐ Rheumatic Fever
- ☐ Polio

Immunizations:

- ☐ Tetanus
- ☐ Hepatitis
- ☐ Influenza
- ☐ Pneumonia
- ☐ Chickenpox
- ☐ Measles/Mumps/Rubella

List any Medical Problems The Other Doctors Have Diagnosed:



**Surgeries:**

*Year:* \_\_\_\_\_ *Reason:* \_\_\_\_\_ *Hospital:* \_\_\_\_\_

**Other Hospitalizations Or Emergency Room Visits In The Past 5 Years:**

*Year:* \_\_\_\_\_ *Reason:* \_\_\_\_\_ *Hospital:* \_\_\_\_\_

**Other Injuries (Loss-Of-Consciousness, Head Injury, Broken Bones, etc.):**

*Year:* \_\_\_\_\_ *Incident:* \_\_\_\_\_ *Hospital:* \_\_\_\_\_

**Primary Pharmacy:**

*Telephone Number:* \_\_\_\_\_

*Fax Number:* \_\_\_\_\_

**List Your Prescribed and Over-The-Counter Medications, Including Herbs, Vitamins and Inhalers:**

*Name of the Medication:* \_\_\_\_\_ *Strength:* \_\_\_\_\_ *Frequency Taken:* \_\_\_\_\_

**Allergies to Medication:**

*Name of the Medication:* \_\_\_\_\_ *Reaction You Had:* \_\_\_\_\_

**HEALTH HABITS AND PERSONAL SAFETY****Exercise:**

- ☐ Sedentary (No exercise)      ☐ Mild Exercise (i.e. climb stairs, walk 3 blocks, golf)  
☐ Occasional Vigorous Exercise (i.e. work or recreation, less than 4x/week for 30min)  
☐ Regular Vigorous Exercise (i.e. work or recreation 4x/week for 30 min)

**Diet:**

Are you dieting? ..... ☐ Yes ☐ No

If yes, are you on a physician-prescribed medical diet? ..... ☐ Yes ☐ No

Are you taking diet pills? ..... ☐ Yes ☐ No

# of meals you eat in an average day? \_\_\_\_\_

**Caffeine:**

☐ None      ☐ Coffee      ☐ Tea      ☐ Soda      ☐ Energy Drinks      # of Cups/Cans Per Day? \_\_\_\_\_

**Alcohol:**

- Do you drink alcohol? ..... ☐ Yes ☐ No
- Have you ever felt you should cut down on your drinking? ..... ☐ Yes ☐ No
- Have people annoyed you by criticizing your drinking? ..... ☐ Yes ☐ No
- Have you ever felt bad about your drinking? ..... ☐ Yes ☐ No
- Have you considered stopping? ..... ☐ Yes ☐ No
- Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover? ..... ☐ Yes ☐ No

**Tobacco:**

- Do you use tobacco? ..... ☐ Yes ☐ No
- ☐ Cigarettes—Pks/day \_\_\_\_\_ ☐ Chew—#/day \_\_\_\_\_ ☐ Pipe—#/day \_\_\_\_\_ ☐ Cigar—3/day # of Years? \_\_\_\_\_ or Year Quit \_\_\_\_\_

**Drugs:**

- Do you currently use recreational of street drugs? ..... ☐ Yes ☐ No

**Sex:**

- Are you sexually active? ..... ☐ Yes ☐ No
- Do you have any concerns regarding your sexual life? ..... ☐ Yes ☐ No

Illness related to the Human Immunodeficiency Virus (HIV), such as AIDS, has become a major public health problem. Risk factors for this illness include intravenous drug use and unprotected sexual intercourse. Would you like to speak with your provider about your risk of this illness? ..... ☐ Yes ☐ No

**Personal Safety:**

- Do you live alone? ..... ☐ Yes ☐ No
- Do you have frequent falls? ..... ☐ Yes ☐ No
- Do you have vision or hearing loss? ..... ☐ Yes ☐ No
- Do you have an Advance Directive and/or Living Will? ..... ☐ Yes ☐ No
- Would you like information on the preparation of these? ..... ☐ Yes ☐ No

Physical and/or mental abuse have also become major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your provider? ..... ☐ Yes ☐ No

**FAMILY HEALTH HISTORY****Relative Medical Problems**

*Please specify pertinent health problems and age of death, if applicable.*

*In particular: heart disease, high blood pressure, diabetes, obesity, cancer, high cholesterol, genetic disease, mental illness, etc.*

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Grandparents: \_\_\_\_\_

Sibling: \_\_\_\_\_

Sibling: \_\_\_\_\_

Sibling: \_\_\_\_\_

Child: \_\_\_\_\_

Child: \_\_\_\_\_

Child: \_\_\_\_\_