

Patricia Spears Boersma, LCSW

Psychological Associates, P.A.
1120 North Palafox Street
Pensacola, FL 32501

Employment:

- Psychotherapist: 07/13/15 – present
Psychological Associates, P.A., Pensacola, FL
Provides outpatient therapy, specializing in mood disorders, anxiety and anger management.
- Psychotherapist: 06/16/14-07/13/15
Breakthrough.com, Pensacola, FL
Provided online video counseling services to clients for issues related to anger management, grief and anxiety.
- Psychotherapist: 08/11/11-06/30/14
Weston Psych Care, Weston, FL
Provided individual and family therapy. Specialized in anxiety, anger management, grief and depression for children, adolescents and adults.
- Licensed Therapist: 09/01/10-04/01/11
Madison Avenue Psychological Services, Kansas City, MO
Provided cognitive-based individual therapy for issues of depression and anxiety.
- Mental Health Therapist: 03/29/08-06/01/10
Dr. Saleem & Associates, Bedford, TX
Provided private outpatient therapy for children, adolescents, and adults. Worked with psychiatrist to provide conjoint services with emphasis on anxiety, eating disorders, and sexual abuse.
- Licensed Therapist: 11/22/03-09/13/07
Gulf Breeze Behavioral Health, Gulf Breeze, FL
Provided individual and family therapy. Specialized in mood disorders, ADHD, bereavement, military life, and PTSD.
- Clinical Counselor: 08/20/02-06/30/03
Management Assistance Corporation, Quantico Marine Corps Base, VA
Provided individual and marital therapy to active duty service members and families.

Clinical Social Worker/Supervisor: 10/09/99-07/11/02

Neuse Mental Health Center, Morehead City, NC

Supervised clinical staff and directed utilization management. Chartered domestic violence program. Designed and directed group therapy system including PTSD/Survivor Group, Bipolar Group and Men's Group.

Education:

May 1991 Bachelor of Arts, Psychology
University of Alabama, Tuscaloosa, AL

May 1988 Master's of Social Work, Mental Health Track
University of Alabama, Tuscaloosa, AL

Licensure:

February, 1994 Licensed Clinical Social Worker, Florida (active)
Licensed Clinical Social Worker, Texas
Licensed Clinical Social Worker, Virginia
Licensed Clinical Social Worker, Missouri
Licensed Clinical Social Worker, North Carolina

Specialties:

Anger management, grief, PTSD, depression, anxiety, and sleep disorders

Organizations:

National Association of Social Workers (NASW)
North Carolina Coalition Against Domestic Violence